

# Mountain Valley Conference

## Football By-Laws

Amended 12/2011

### 1. Rules:

- A. The National Federation Rule Book (as adopted by the PIAA) governs.
- B. All members of the conference shall be governed by rules and interpretations adopted by the PIAA.

### 2. Levels of Competition:

- A. Varsity
- B. Junior Varsity
- C. Freshman
- D. Middle School

### 3. Contest Rules:

- A. 12 minute quarters
- B. Overtime rules in accordance with PIAA and National Federation rules.
- C. Start Times:
  - 1. Varsity – 7:00pm
  - 2. Junior Varsity – 5:30pm (or as close as possible) (Monday)
  - 3. Freshman – 4:00pm (Monday)
  - 4. Middle School “A” – 4:00pm (Wednesday)
  - 5. Middle School “B” – 4:00pm (Thursday)

### 4. Warm ups – Pre-game:

- A. The field will be available to the football teams for stretching, warm-ups and drillwork, etc., from 5:00pm to 6:30pm.
- B. The teams will re-enter the field at 6:52pm.
- C. The National Anthem will be played by the HOME team at 6:55pm.
- D. The coin toss will take place at 6:58pm. Kick-off is at 7:00pm.

### 5. Halftime:

- A. Halftime intermission shall be fifteen (15) minutes (not including the mandatory 3 minute warm-up, as required by NFHS rules).
- B. The field will be available to the marching bands for 15 minutes, beginning when the game officials signal to “start the clock,” as they leave the field at half-time.

### 6. Special Events:

- A. The field will be available to the marching bands from 6:30pm to 6:50pm. On occasions when a “Special Event” (i.e. Hall of Fame Night, Homecoming, Senior Night, etc.) may require additional time, the visiting team should be notified in advance, and reminded on game night.

**7. Uniforms:**

- A. The HOME team shall wear dark colored jerseys; the VISITING team shall wear light colored jerseys—**except in JUNIOR VARSITY GAMES:** In an effort to more efficiently send out one set of uniforms for laundering each week, the **JUNIOR VARSITY TEAMS WILL WEAR THE SAME COLOR JERSEYS THAT WERE WORN BY THE VARSITY TEAMS ON THAT PREVIOUS FRIDAY NIGHT.** If there is a conflict, it should be worked out between the Athletic Directors of the schools involved.

**8. Scorer's Table:**

- A. For varsity games, the official timekeeper and official scorekeeper must be a faculty member or other competent and responsible adult. For junior varsity games, the official timekeeper and official score keeper are the responsibility of the home team.

**9. Bench / Sideline Protocol:**

- A. Seating on the players' bench shall be limited to authorized personnel.  
B. The coaching staff is responsible for the conduct of their players at home and away contests.

**10. Postponement:**

- A. Either school may postpone a game. The athletic directors or their designees should make every effort to make contact prior to student dismissal time. In any event, contact should be made prior to 3:15pm to avoid transportation issues.

**11. Officials:**

- A. In the event that the correct number of officials are not present, the game can proceed only if there is **mutual agreement** between both schools.

**12. Playoffs and Championship:**

- A. In the event that two or more teams finish the season with identical win/loss records, co-champions will be declared.

**13. End of Season Meeting:**

- A. The meeting must be held on the 2<sup>nd</sup> Wednesday prior to Thanksgiving.  
B. Coaches must attend any meeting called by the sport chairman and must complete any forms requested. Forms include All-Star nominations, officials ratings, etc.  
C. Each team **MUST** be represented by the head coach's designee (to be approved by the school's athletic director or principal). If a school is not represented, a fine of \$50 will be assessed to the school.

**14. All Star Selection:**

- A. All-Star nominations are due one week prior to each scheduled post season meeting. Coaches will nominate their own players.  
B. The designated MVC Athletic Director will put all the lists together and send them to the coaches along with a first and second team ballot (N/A).  
C. Any student selected unanimously by the coaches for the MVC All-Star Team shall be recognized as such in all media coverage. Any student playing both ways selected unanimously shall be noted as such. MVC football coaches shall select an **All-MVC First Team** and an **All-MVC Second Team**, with other players mentioned on at least three ballots receiving **Honorable Mention** designation.  
D. Coaches may not vote for their own players.

**All-MVC football selections:**

**OFFENSE**

Tight End—1  
Wide Receivers—3  
Tackles—2  
Guards—2  
Center—1  
Quarterback—1  
Running Backs—3  
Fullback  
**14**

**DEFENSE**

Ends—2  
Linemen—4  
Linebackers—3  
Defensive Backs—4  
**13**

**SPECIALISTS**

Punter—1  
Place Kicker—1  
**2**

**TOTAL: 29**

**15. Reporting of Game Results:**

A. The home team will report game results to the following media:

*The Morning Call*

1-800-999-5625  
(610) 820-6558  
Fax: (610) 820-8654

*Pocono Record*

1-800-756-4273  
(570) 421-3000  
Fax: (570) 421-6284

*The Express Times*

1-800-360-3601  
(610) 258-7171  
Fax: (610) 258-7130

*Times News of Lehigh*

1-800-443-0377  
(610) 377-2051  
(610) 826-9608

*MVC League Statistician*

Email: [bross@stroudsburg.k12.pa.us](mailto:bross@stroudsburg.k12.pa.us)  
Fax: (570) 424-0789

**16. Audio/Visual/Communications:**

A. Film and video exchange with the minimum of two or more tapes/DVD's from the previous week's game shall take place. If a conflict arises, coaches are free to request tapes/DVD's from other conference members.

**17. Telephones:**

A. If phones are not available on the VISITING side of the stadium, it is the responsibility of the VISITING team to supply necessary equipment to carry out communication. The HOME team is responsible for providing a chalkboard in the locker room.