

MVC Best Times - 11/18/2011 to 1/27/2012

Psych Sheet

#1 Girls 200 Yard Freestyle

Name	Yr	School	Seed Time
1 Yang, Lena	SR	ESS	2:00.16
2 Joyce, Emily	FR	SHS-US	2:00.80
3 Parrish, Janay	SR	PME	2:11.38
4 Barney, Elizabeth	JR	PMW	2:12.08
5 Palaski, Abigail	JR	PME	2:13.46
6 Slater, Alana	FR	SHS-US	2:16.24
7 Liguori, Elissa	FR	ESS	2:17.48
8 Mesko, Marissa	FR	SHS-US	2:17.75
9 Dwyer, Meghan	FR	PME	2:19.83
10 Mraz, Shana	SO	SHS-US	2:19.88
11 Konz, Kimmie	FR	SHS-US	2:21.25
12 Followay, Ally	SR	ESS	2:26.63
13 Geake, Gwen	FR	PMW	2:26.92
14 Courtright, Haden	FR	SHS-US	2:26.96
15 Mailloux, Debra	SO	PME	2:30.35
16 Johnson, Kayla	JR	ESS	2:30.48
17 Butler, Jasmine		ESN	2:31.07
18 Riutort, Liana	JR	ESS	2:31.57
19 Teajman, Laleta	JR	PMW	2:31.78
20 Rispin, Jacklyn	SO	PME	2:32.28
21 Klopfenstein, Sara	SO	PME	2:33.02
22 Rosser, Shannon		ESN	2:33.55
23 Miro, Marisa		ESN	2:36.56
24 Shin, Charlene	SR	PME	2:37.57
25 Pollack, Stephanie	SR	ESS	2:38.68
26 Raffa, Megan		ESN	2:38.90
27 Leinhauser, Claire	JR	SHS-US	2:40.18
28 Adair, Gen	SR	PMW	2:42.69
29 Milewska, Adrianna	SO	PMW	2:43.12
30 Allivato, Brittney	SR	PMW	2:43.61
31 Boller, Sam		ESN	2:43.62
32 Niewiorawska, Ali	SR	PMW	2:44.40
33 Walsh, Jule	SR	PME	2:44.52
34 Hejnowicz, Amanda	JR	PMW	2:46.75
35 Mendez, Vinelys	JR	PMW	2:47.01
36 Parisi, Nicki	SO	PMW	2:47.22
37 Nicolescu, Rachael	SR	PME	2:51.60
38 Foglio, Julia	JR	PMW	2:51.66
39 Hacia, Katarzyna	SO	ESS	2:52.23
40 Ortiz, Gia		ESN	2:54.67
41 Gallagher, Nicole	SO	PMW	2:57.25
42 Brower, Maggie		ESN	2:59.52
43 Culp, Megan	JR	PME	3:04.11
44 Rosado, Emily	SO	PMW	3:05.76
45 Tirado, Ashley	SR	PMW	3:13.48
46 Zhou, Zijing	JR	PMW	3:16.76

#2 Boys 200 Yard Freestyle

Name	Yr	School	Seed Time
1 Cawley, Matt	JR	SHS-US	1:47.33
2 Williams, Tristan		ESN	2:01.71
3 Gerner, Ben		SHS-US	2:01.90
4 Wotring, Kevin	JR	PME	2:02.01
5 Pankiewicz, Konrad	SR	PME	2:02.08
6 Lynch, James	SO	SHS-US	2:02.99
7 Gallagher, Alexander	SR	PMW	2:03.22
8 Pifer, Robert	JR	PMW	2:04.06
9 Cruz, Colin	SR	PMW	2:04.20
10 Frantz, Elias	FR	SHS-US	2:04.21

11 Bartlett, Sean	JR	ESS	2:04.28
12 Nixon, Nathaniel	SO	PME	2:05.93
13 Gerner, Austin	FR	SHS-US	2:07.01
14 Yip, Brandon		ESN	2:07.64
15 Schaefer, Louis	JR	PMW	2:11.89
16 Thompson, Parker	JR	ESS	2:14.34
17 Sapienza, Nicholas	SR	PME	2:14.70
18 Williams, Shalir	SR	PMW	2:15.67
19 Bank, Peter	SR	ESS	2:16.22
20 Lilley, Duncan	JR	PME	2:16.82
21 Rios, Ramon	SO	SHS-US	2:16.98
22 Moran, Justin	SR	PMW	2:18.42
23 Gray, Kyle	SO	PME	2:18.66
24 Masters, Joesph	FR	PME	2:20.11
25 Rosser, Mike		ESN	2:20.31
26 Hughes, Chris	JR	SHS-US	2:20.72
27 West, Rodney	JR	ESS	2:23.20
28 Heller, Justin	JR	PMW	2:24.06
29 Sapienza, Alec	SO	PME	2:24.24
30 Vernon, Josh	SO	PMW	2:25.44
31 Montoya, Al		ESN	2:25.91
32 Schaefer, Mike	FR	PMW	2:26.39
33 Novack, Shane	SO	ESS	2:26.77
34 Helbers, Matt	SO	ESS	2:28.19
35 Hammerburg, Justin		ESN	2:30.16
36 Fair, George	FR	PME	2:30.34
37 Benzinger, Chris	JR	ESS	2:33.51
38 Gerling, Kirk	SO	PMW	2:34.04
39 Smickley, Brock	FR	PME	2:34.54
40 Nam, Jason	SO	PME	2:35.14
41 Haberle, Matt	JR	ESS	2:35.24
42 Glatt, Quintin	JR	PMW	2:35.80
43 McKeown, Kyle	FR	PME	2:38.68
44 Matos, Paul	SO	PMW	2:41.24
45 Bamberger, John	SO	PMW	2:43.85
46 Widuto, Nick	JR	PMW	2:48.01
47 Hunte, Jonathan	SO	PMW	3:03.92
48 Velez, Sam		ESN	5:54.04

#3 Girls 200 Yard IM

Name	Yr	School	Seed Time
1 Yang, Lena	SR	ESS	2:16.97
2 Palaski, Margaux	FR	PME	2:23.81
3 Burns, Alex	FR	SHS-US	2:24.23
4 Konz, Kimmie	FR	SHS-US	2:24.72
5 Parrish, Janay	SR	PME	2:25.78
6 Joyce, Emily	FR	SHS-US	2:29.76
7 Barney, Elizabeth	JR	PMW	2:33.23
8 Palaski, Abigail	JR	PME	2:38.06
9 Opromollo, Brianna	SO	PMW	2:38.11
10 Liguori, Elissa	FR	ESS	2:40.78
11 Nicolescu, Rachael	SR	PME	2:43.63
12 Leinhauser, Claire	JR	SHS-US	2:45.02
13 Rispin, Jacklyn	SO	PME	2:46.07
14 Geake, Gwen	FR	PMW	2:50.73
15 Johnson, Kayla	JR	ESS	2:53.06
16 Harris, Shoshi		ESN	2:55.62
17 Shin, Charlene	SR	PME	2:55.99
18 Miro, Marisa		ESN	2:57.50
19 Hejnowicz, Amanda	JR	PMW	2:58.02
20 Adair, Gen	SR	PMW	2:58.34
21 Klopfenstein, Sara	SO	PME	2:59.61

22 Italiano, Megan	JR	ESS	3:00.08
23 Allivato, Brittney	SR	PMW	3:01.11
24 Titus, Alyssa		ESN	3:01.66
25 Mraz, Shana	SO	SHS-US	3:02.79
26 Niewiorawska, Ali	SR	PMW	3:11.73
27 Parisi, Nicki	SO	PMW	3:12.02
28 Rosado, Emily	SO	PMW	3:26.18
29 Thomas, Kylie	SO	PME	3:30.33
30 Gallagher, Nicole	SO	PMW	3:36.92
31 Culp, Megan	JR	PME	3:40.90
32 Paredes, Shaina	SO	PME	4:18.62

#4 Boys 200 Yard IM

Name	Yr	School	Seed Time
1 Cawley, Matt	JR	SHS-US	2:03.98
2 Cruz, Colin	SR	PMW	2:14.23
3 Velez, Sam		ESN	2:15.65
4 Pankiewicz, Konrad	SR	PME	2:17.56
5 Pifer, Robert	JR	PMW	2:17.80
6 Rios, Ramon	SO	SHS-US	2:18.20
7 Frantz, Elias	FR	SHS-US	2:19.10
8 Thompson, Parker	JR	ESS	2:19.25
9 Paredes, Sebastian		ESN	2:21.34
10 Wotring, Kevin	JR	PME	2:23.98
11 Williams, Shalir	SR	PMW	2:25.06
12 Pellington, Connor		ESN	2:26.39
13 Gray, Kyle	SO	PME	2:26.45
14 Rios, Jarret	FR	SHS-US	2:27.70
15 Schaefer, Louis	JR	PMW	2:28.88
16 Lynch, James	SO	SHS-US	2:29.39
17 Nicolescu, Chris	SO	PME	2:29.49
18 Bartlett, Sean	JR	ESS	2:29.58
19 Lilley, Duncan	JR	PME	2:29.87
20 Hughes, Chris	JR	SHS-US	2:30.09
21 Vernon, Josh	SO	PMW	2:34.30
22 Sapienza, Nicholas	SR	PME	2:35.84
23 Keskiniev, Alex	SO	ESS	2:36.80
24 Marrufo, Diego		ESN	2:37.46
25 Kaminski, Norbert	JR	PME	2:37.66
26 Rosser, Mike		ESN	2:38.60
27 Kimball, Riley		SHS-US	2:39.87
28 Walsh, James	SO	PME	2:40.30
29 Sapienza, Alec	SO	PME	2:43.34
30 Fair, George	FR	PME	2:44.93
31 Smickley, Brock	FR	PME	2:49.84
32 Gerling, Kirk	SO	PMW	2:51.91
33 Racano, Chris	SO	PME	2:51.97
34 Schaefer, Mike	FR	PMW	2:53.09
35 Widuto, Nick	JR	PMW	3:00.72
36 Bamberger, John	SO	PMW	3:02.81
37 Glatt, Quintin	JR	PMW	3:03.22
38 Johnson, Anthony	JR	PMW	3:05.09
39 Matos, Paul	SO	PMW	3:12.72
40 Hunte, Jonathan	SO	PMW	3:29.15
41 Polidura, Nicholas	SO	PME	3:30.04

#5 Girls 50 Yard Freestyle

Name	Yr	School	Seed Time
1 Yang, Lena	SR	ESS	24.71
2 Burns, Alex	FR	SHS-US	25.42
3 Slater, Alana	FR	SHS-US	26.00
4 Palaski, Margaux	FR	PME	26.18

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Psych Sheet

#5 ... (Girls 50 Yard Freestyle)

5	Joyce, Emily	FR SHS-US	27.39
6	Mesko, Marissa	FR SHS-US	27.68
7	Opromollo, Brianna	SO PMW	28.14
8	Barney, Elizabeth	JR PMW	28.29
9	Palaski, Abigail	JR PME	28.30
10	Jelly, Alexis	ESN	28.41
11	Leinhauser, Claire	JR SHS-US	28.51
12	Parrish, Janay	SR PME	28.52
13	Williams, Jackie	FR SHS-US	28.53
14	Gress, Colette	JR ESS	28.71
15	Liguori, Elissa	FR ESS	28.87
16	Teajman, Laleta	JR PMW	29.00
17	Fortier, Lindsay	SO PME	29.00
18	Rispin, Jacklyn	SO PME	29.25
19	Echeverry, Valeria	SR ESS	29.26
20	Miro, Marisa	ESN	29.34
21	Antonowich, Maddie	FR SHS-US	29.97
22	Hejnowicz, Amanda	JR PMW	30.00
23	Nicolescu, Rachael	SR PME	30.07
24	Huck, Lea	ESN	30.08
25	Harris, Shoshi	ESN	30.19
26	Mraz, Shana	SO SHS-US	30.21
27	Williams, Chelsea	ESN	30.23
28	Vasquez, Melyssa	ESN	30.30
29	Allivato, Brittny	SR PMW	30.32
30	Brower, Carly	ESN	30.41
31	Dwyer, Meghan	FR PME	30.43
32	Shin, Charlene	SR PME	30.48
33	Geake, Gwen	FR PMW	30.80
34	Butler, Jasmine	ESN	30.81
35	Boller, Sam	ESN	30.83
36	Courtright, Haden	FR SHS-US	30.85
37	Pollaro, Victoria	SHS-US	30.98
38	Chamberlain, Emilia	FR SHS-US	31.18
39	Vazquez, Melynna	ESN	31.24
40	Milewska, Adrianna	SO PMW	31.26
41	Rosser, Shannon	ESN	31.35
42	Barrett, Nicole	SR ESS	31.39
43	Madison, Erin	SR PME	31.51
44	Raffa, Megan	ESN	31.64
45	Marsh, Jackie	ESN	31.69
46	Adair, Gen	SR PMW	31.97
47	Higgins, Mollie	SO PME	32.17
48	Parisi, Nicki	SO PMW	32.30
49	Hacia, Katarzyna	SO ESS	32.48
50	Zhou, Zijing	JR PMW	32.78
51	Wurst, Ashley	SR ESS	33.13
52	Marquez, Mercedes	SO ESS	33.15
53	Tirado, Ashley	SR PMW	33.17
54	TomWing, Natori	FR ESS	33.17
55	Lynch, Delia	FR SHS-US	33.27
56	Mailloux, Debra	SO PME	33.36
57	Herandez, Karen	ESN	33.49
58	Buitron, Grazi	ESN	33.50
59	Niewiorawska, Ali	SR PMW	33.58
60	Arguello, Alysya	SO PME	34.02
61	Gallagher, Nicole	SO PMW	34.04
62	Ortiz, Gia	ESN	34.07
63	Foglio, Julia	JR PMW	34.48
64	Sicignano, Allie	SR PME	34.58

65	Mendez, Vinelys	JR PMW	34.78
66	Lemos, Kahala	ESN	35.50
67	Walsh, Jule	SR PME	35.60
68	Titus, Alyssa	ESN	36.30
69	McGrath, Tori	ESN	36.44
70	Rosado, Emily	SO PMW	36.75
71	Wynder, Alexandra	SHS-US	37.18
72	Perlaza, Stephany	ESN	37.95
73	DeSandre, Morgan	SO PMW	38.13
74	Kibui, Nicole	FR SHS-US	38.91
75	Brower, Maggie	ESN	39.66
76	Paredes, Shaina	SO PME	42.33
77	Diez, Sarah	ESN	42.86
78	Melvin, Alexis	SR PME	43.80

#6 Boys 50 Yard Freestyle

Name	Yr	School	Seed Time
1	Helbers, Josh	SR ESS	23.77
2	Cawley, Matt	JR SHS-US	23.89
3	Velez, Sam	ESN	24.39
4	Paredes, Sebastian	ESN	24.40
5	Wotring, Kevin	JR PME	24.50
6	Gallagher, Alexander	SR PMW	24.70
7	Montante, Ant	ESN	24.73
8	McClellan, Zachary	JR PME	24.73
9	Galleta, Angelo	ESN	24.81
10	Bank, Peter	SR ESS	24.85
11	Rios, Ramon	SO SHS-US	25.05
12	Slipe, Eric	ESN	25.10
13	Cruz, Colin	SR PMW	25.10
14	Williams, Tristan	ESN	25.12
15	Pifer, Robert	JR PMW	25.12
16	Williams, Shalir	SR PMW	25.23
17	Kaminski, Norbert	JR PME	25.31
18	Gerner, Austin	FR SHS-US	25.32
19	Vernon, Josh	SO PMW	25.62
20	Nicolescu, Chris	SO PME	25.66
21	Bartlett, Sean	JR ESS	25.73
22	Nyitray, Ryan	JR PMW	25.79
23	Masters, Joesph	FR PME	25.88
24	Heller, Justin	JR PMW	25.94
25	Keskinev, Alex	SO ESS	25.95
26	Moran, Justin	SR PMW	26.09
27	Mirabel, Devon	ESN	26.11
28	Sitterson, Jacob	JR ESS	26.41
29	Pankiewicz, Konrad	SR PME	26.43
30	Gray, Kyle	SO PME	26.46
31	Counterman, Alex	SHS-US	26.48
32	Williams, Josh	SHS-US	26.53
33	Frantz, Elias	FR SHS-US	26.59
34	Yip, Brandon	ESN	26.62
35	Ellerbee, Davon	FR PME	26.62
36	Gerner, Ben	SHS-US	26.62
37	Pellington, Connor	ESN	26.71
38	Lynch, James	SO SHS-US	26.71
39	Hughes, Chris	JR SHS-US	26.87
40	Parsley, Kashief	JR ESS	26.98
41	Schaefer, Louis	JR PMW	27.02
42	Montoya, Al	ESN	27.39
43	Schaefer, Mike	FR PMW	27.84
44	Bamberger, John	SO PMW	27.98
45	Gulmy, Paul	ESN	28.00

46	Kimball, Riley	SHS-US	28.21
47	Rosser, Mike	ESN	28.50
48	Williams, Shaq	SR ESS	28.51
49	Chalifa, Dan	ESN	28.79
50	Novack, Shane	SO ESS	28.88
51	Wisbauer, Brian	SHS-US	28.96
52	Isolda, Chris	ESN	29.09
53	Fair, George	FR PME	29.36
54	Hammerburg, Justin	ESN	29.44
55	Johnson, Anthony	JR PMW	29.54
56	Lilley, Duncan	JR PME	29.93
57	Gerling, Kirk	SO PMW	30.17
58	Gonzalez, Matt	ESN	30.28
59	Smickley, Brock	FR PME	30.30
60	Sapienza, Alec	SO PME	30.43
61	Aquiles, Aaron	ESN	30.71
62	Barrett, Frank	ESN	30.71
63	Marrufo, Diego	ESN	30.83
64	Horton, Matt	ESN	30.96
65	Hunte, Jonathan	SO PMW	31.02
66	Walsh, James	SO PME	31.28
67	House, Russell	FR PME	31.30
68	Villamar, JP	FR SHS-US	31.47
69	Widuto, Nick	JR PMW	31.77
70	Gonzalez, Bryan	ESN	32.08
71	Buitron, Ryann	ESN	32.23
72	Halas, Mike	SHS-US	32.30
73	Grunfelder, David	FR SHS-US	32.82
74	West, Christopher	FR ESS	33.00
75	Goetz, Jimmy	ESN	33.87
76	Goetz, Bobby	ESN	33.97
77	Matos, Paul	SO PMW	34.17
78	Arold, Victor	FR ESS	34.77
79	Law, Malcolm	ESN	34.83
80	Harris, Terrence	SR PMW	36.01
81	Counterman, Chad	SO SHS-US	36.06
82	Perez, Mervin	ESN	37.25
83	McVeigh, Kyle	SO PME	38.00
84	Avila, Nathan	ESN	38.17
85	Smith, Mason	ESN	38.90
86	Polidura, Nicholas	SO PME	40.31
87	Was, Karol	JR PME	1:19.21

#7 Girls 100 Yard Butterfly

Name	Yr	School	Seed Time
1	Palaski, Margaux	FR PME	1:00.00
2	Burns, Alex	FR SHS-US	1:05.67
3	Slater, Alana	FR SHS-US	1:06.09
4	Dwyer, Meghan	FR PME	1:08.42
5	Barney, Elizabeth	JR PMW	1:08.69
6	Opromollo, Brianna	SO PMW	1:12.00
7	Teajman, Laleta	JR PMW	1:14.81
8	Parrish, Janay	SR PME	1:14.81
9	Blume, Heather	SHS-US	1:15.70
10	Marsh, Jackie	ESN	1:16.42
11	Echeverry, Valeria	SR ESS	1:17.39
12	Williams, Jackie	FR SHS-US	1:18.14
13	Liguori, Elissa	FR ESS	1:19.80
14	Culp, Megan	JR PME	1:20.00
15	Higgins, Mollie	SO PME	1:20.42
16	Herandez, Karen	ESN	1:20.98
17	Geake, Gwen	FR PMW	1:21.07

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Psych Sheet

#7 ... (Girls 100 Yard Butterfly)

18	Nicolescu, Rachael	SR PME	1:22.74
19	Milewska, Adrianna	SO PMW	1:25.56
20	Parisi, Nicki	SO PMW	1:26.96
21	Leinhauser, Claire	JR SHS-US	1:27.01
22	Italiano, Megan	JR ESS	1:27.34
23	Harris, Shoshi	ESN	1:27.38
24	Shin, Charlene	SR PME	1:28.08
25	Miro, Marisa	ESN	1:28.54
26	Klopfenstein, Sara	SO PME	1:28.95
27	Buitron, Grazi	ESN	1:29.90
28	Ortiz, Gia	ESN	1:30.24
29	Rosser, Shannon	ESN	1:30.56
30	Mendez, Vinelys	JR PMW	1:31.31
31	Courtright, Haden	FR SHS-US	1:32.13
32	Hejnowicz, Amanda	JR PMW	1:33.16
33	Tirado, Ashley	SR PMW	1:33.61
34	Adair, Gen	SR PMW	1:34.29
35	Thomas, Kylie	SO PME	1:35.00
36	Huck, Lea	ESN	1:37.64
37	Titus, Alyssa	ESN	1:41.24
38	Perlaza, Stephany	ESN	2:24.40

#8 Boys 100 Yard Butterfly

Name	Yr	School	Seed Time
1	Cawley, Matt	JR SHS-US	55.82
2	Montante, Ant	ESN	58.15
3	Cruz, Colin	SR PMW	58.93
4	Rios, Ramon	SO SHS-US	1:00.42
5	Thompson, Parker	JR ESS	1:00.55
6	Gallagher, Alexander	SR PMW	1:01.40
7	Velez, Sam	ESN	1:02.16
8	Pankiewicz, Konrad	SR PME	1:02.36
9	Pifer, Robert	JR PMW	1:02.46
10	Hughes, Chris	JR SHS-US	1:04.16
11	Lilley, Duncan	JR PME	1:05.13
12	Gray, Kyle	SO PME	1:06.40
13	Wotring, Kevin	JR PME	1:06.77
14	Sapienza, Alec	SO PME	1:07.96
15	Frantz, Elias	FR SHS-US	1:08.42
16	Williams, Shalir	SR PMW	1:09.10
17	Smickley, Brock	FR PME	1:09.15
18	Gerner, Austin	FR SHS-US	1:09.80
19	Yip, Brandon	ESN	1:09.81
20	Law, Malcolm	ESN	1:10.18
21	Williams, Tristan	ESN	1:11.06
22	Vernon, Josh	SO PMW	1:12.49
23	Lynch, James	SO SHS-US	1:12.77
24	Montoya, Al	ESN	1:14.23
25	Pellington, Connor	ESN	1:14.67
26	Paredes, Sebastian	ESN	1:15.82
27	Keskinev, Alex	SO ESS	1:18.15
28	Marrufo, Diego	ESN	1:18.89
29	Widuto, Nick	JR PMW	1:20.51
30	Avila, Nathan	ESN	1:27.89
31	Isolda, Chris	ESN	1:31.41
32	Gerling, Kirk	SO PMW	1:32.71
33	Gulmy, Paul	ESN	1:34.73
34	Slipe, Eric	ESN	1:34.73
35	Smith, Mason	ESN	1:35.41
36	Mirabel, Devon	ESN	1:35.82

37	Buitron, Ryann	ESN	1:36.33
38	Polidura, Nicholas	SO PME	1:40.48
39	Matos, Paul	SO PMW	1:42.50
40	Perez, Mervin	ESN	1:44.76
41	Hunte, Jonathan	SO PMW	1:47.62
42	Gonzalez, Bryan	ESN	1:49.94
43	Goetz, Bobby	ESN	2:07.89
44	Horton, Matt	ESN	2:10.88
45	Fair, George	FR PME	5:00.00

#9 Girls 100 Yard Freestyle

Name	Yr	School	Seed Time
1	Yang, Lena	SR ESS	55.57
2	Burns, Alex	FR SHS-US	56.64
3	Joyce, Emily	FR SHS-US	57.43
4	Slater, Alana	FR SHS-US	57.63
5	Palaski, Margaux	FR PME	59.40
6	Barney, Elizabeth	JR PMW	59.76
7	Parrish, Janay	SR PME	1:01.10
8	Mesko, Marissa	FR SHS-US	1:01.15
9	Liguori, Elissa	FR ESS	1:01.80
10	Palaski, Abigail	JR PME	1:03.11
11	Dwyer, Meghan	FR PME	1:04.06
12	Teajman, Laleta	JR PMW	1:04.53
13	Leinhauser, Claire	JR SHS-US	1:04.74
14	Jelly, Alexis	ESN	1:04.79
15	Williams, Jackie	FR SHS-US	1:05.13
16	Opromollo, Brianna	SO PMW	1:05.42
17	Rispin, Jacklyn	SO PME	1:05.70
18	Mraz, Shana	SO SHS-US	1:05.86
19	Fortier, Lindsay	SO PME	1:06.50
20	Echeverry, Valeria	SR ESS	1:06.72
21	Shin, Charlene	SR PME	1:07.00
22	Blume, Heather	SHS-US	1:08.01
23	Geake, Gwen	FR PMW	1:08.02
24	Huck, Lea	ESN	1:08.21
25	Brower, Carly	ESN	1:08.55
26	Nicolescu, Rachael	SR PME	1:08.76
27	Pollaro, Victoria	SHS-US	1:08.80
28	Vasquez, Melyssa	ESN	1:09.59
29	Miro, Marisa	ESN	1:09.60
30	Klopfenstein, Sara	SO PME	1:10.00
31	Hejnowicz, Amanda	JR PMW	1:10.39
32	Mailloux, Debra	SO PME	1:10.39
33	Raffa, Megan	ESN	1:10.45
34	Madison, Erin	SR PME	1:10.74
35	Herandez, Karen	ESN	1:11.19
36	Adair, Gen	SR PMW	1:11.23
37	Rosser, Shannon	ESN	1:11.51
38	Allivato, Brittney	SR PMW	1:11.51
39	Butler, Jasmine	ESN	1:11.94
40	Parisi, Nicki	SO PMW	1:11.99
41	Wurst, Ashley	SR ESS	1:12.12
42	Higgins, Mollie	SO PME	1:12.33
43	Boller, Sam	ESN	1:12.50
44	Marsh, Jackie	ESN	1:13.52
45	TomWing, Natori	FR ESS	1:13.98
46	Milewska, Adrianna	SO PMW	1:14.12
47	Niewiorawska, Ali	SR PMW	1:14.14
48	Walsh, Jule	SR PME	1:14.37
49	Williams, Chelsea	ESN	1:14.59
50	Geiger, Macy	SO ESS	1:14.74

51	Ortiz, Gia	ESN	1:15.00
52	Hacia, Katarzyna	SO ESS	1:15.94
53	Vazquez, Melynna	ESN	1:16.50
54	Courtright, Haden	FR SHS-US	1:17.14
55	Gallagher, Nicole	SO PMW	1:17.47
56	Foglio, Julia	JR PMW	1:17.75
57	Rosado, Emily	SO PMW	1:18.46
58	Marquez, Mercedes	SO ESS	1:19.26
59	Buitron, Grazi	ESN	1:19.45
60	Titus, Alyssa	ESN	1:19.61
61	Arguello, Alysa	SO PME	1:20.00
62	Mendez, Vinelys	JR PMW	1:20.12
63	Lemos, Kahala	ESN	1:20.17
64	Tirado, Ashley	SR PMW	1:23.10
65	Rebagliati, Caroleanne	JR ESS	1:24.02
66	Zhou, Zijing	JR PMW	1:24.42
67	Culp, Megan	JR PME	1:24.51
68	McGrath, Tori	ESN	1:25.59
69	Brower, Maggie	ESN	1:26.45
70	Perlaza, Stephany	ESN	1:27.81
71	Paredes, Shaina	SO PME	1:33.29
72	DeSandre, Morgan	SO PMW	1:34.95
73	Diez, Sarah	ESN	2:03.08

#10 Boys 100 Yard Freestyle

Name	Yr	School	Seed Time
1	Cawley, Matt	JR SHS-US	50.34
2	Helbers, Josh	SR ESS	52.53
3	Cruz, Colin	SR PMW	52.83
4	Paredes, Sebastian	ESN	53.61
5	Gallagher, Alexander	SR PMW	53.76
6	Williams, Tristan	ESN	53.99
7	Wotring, Kevin	JR PME	54.05
8	Pifer, Robert	JR PMW	55.15
9	Velez, Sam	ESN	55.44
10	Gerner, Austin	FR SHS-US	55.54
11	Bartlett, Sean	JR ESS	55.90
12	McClellan, Zachary	JR PME	56.05
13	Counterman, Alex	SHS-US	56.66
14	Pellington, Connor	ESN	56.85
15	Pankiewicz, Konrad	SR PME	56.94
16	Montante, Ant	ESN	56.95
17	Lynch, James	SO SHS-US	57.20
18	Bank, Peter	SR ESS	57.47
19	Kaminski, Norbert	JR PME	57.60
20	Gerner, Ben	SHS-US	57.93
21	Moran, Justin	SR PMW	58.03
22	Frantz, Elias	FR SHS-US	58.37
23	Williams, Shalir	SR PMW	58.72
24	Vernon, Josh	SO PMW	58.84
25	Nixon, Nathaniel	SO PME	58.85
26	Slipe, Eric	ESN	58.90
27	Yip, Brandon	ESN	58.90
28	Sitterson, Jacob	JR ESS	59.20
29	Gray, Kyle	SO PME	59.54
30	Rios, Ramon	SO SHS-US	59.96
31	Keskinev, Alex	SO ESS	1:00.03
32	Masters, Joesph	FR PME	1:00.14
33	Sapienza, Nicholas	SR PME	1:00.17
34	Nicolescu, Chris	SO PME	1:00.82
35	Schaefer, Louis	JR PMW	1:01.14
36	Parsley, Kashief	JR ESS	1:01.88

MVC Best Times - 11/18/2011 to 1/27/2012

Psych Sheet

#10 ... (Boys 100 Yard Freestyle)

37	Lilley, Duncan	JR PME	1:02.11
38	Heller, Justin	JR PMW	1:02.17
39	Ellerbee, Davon	FR PME	1:02.73
40	Cricklair, Nathan	FR SHS-US	1:02.84
41	Rosser, Mike	ESN	1:03.01
42	Williams, Josh	SHS-US	1:03.02
43	Montoya, Al	ESN	1:03.20
44	Maysonet, Justin	FR PME	1:05.00
45	Chalifa, Dan	ESN	1:05.85
46	Rivera, Eliezer	SO ESS	1:06.05
47	Helbers, Matt	SO ESS	1:06.09
48	Wisbauer, Brian	SHS-US	1:06.31
49	Marrufo, Diego	ESN	1:06.77
50	Schaefer, Mike	FR PMW	1:06.79
51	Vera, Carlos	JR ESS	1:06.82
52	Novack, Shane	SO ESS	1:07.33
53	Fair, George	FR PME	1:07.41
54	Galleta, Angelo	ESN	1:07.84
55	Isolda, Chris	ESN	1:07.89
56	Sapienza, Alec	SO PME	1:08.08
57	Law, Malcolm	ESN	1:08.38
58	Benzinger, Chris	JR ESS	1:08.38
59	Haberle, Matt	JR ESS	1:09.13
60	Smickley, Brock	FR PME	1:09.32
61	Matos, Paul	SO PMW	1:09.84
62	Williams, Shaq	SR ESS	1:10.15
63	Goetz, Bobby	ESN	1:10.20
64	Barrett, Frank	ESN	1:11.00
65	House, Russell	FR PME	1:12.03
66	Tyson, D'Quan	SR ESS	1:12.42
67	Bishop, Nick	ESN	1:12.50
68	Buitron, Ryann	ESN	1:12.68
69	Smith, Mason	ESN	1:12.70
70	Avila, Nathan	ESN	1:12.80
71	Perez, Mervin	ESN	1:13.08
72	Widuto, Nick	JR PMW	1:13.18
73	Bamberger, John	SO PMW	1:13.97
74	Halas, Mike	SHS-US	1:14.98
75	McKeown, Kyle	FR PME	1:16.28
76	Gonzalez, Bryan	ESN	1:16.34
77	Horton, Matt	ESN	1:19.55
78	Hunte, Jonathan	SO PMW	1:21.93
79	Gonzalez, Matt	ESN	1:22.87
80	Counterman, Chad	SO SHS-US	1:25.10
81	Hughes, Chris	JR SHS-US	1:25.70

#11 Girls 500 Yard Freestyle

Name	Yr	School	Seed Time
1	Joyce, Emily	FR SHS-US	5:26.17
2	Burns, Alex	FR SHS-US	5:34.01
3	Parrish, Janay	SR PME	5:52.99
4	Palaski, Abigail	JR PME	5:56.96
5	Barney, Elizabeth	JR PMW	6:06.32
6	Dwyer, Meghan	FR PME	6:22.46
7	Brower, Carly	ESN	6:27.43
8	Courtright, Haden	FR SHS-US	6:29.39
9	Riutort, Liana	JR ESS	6:31.11
10	Konz, Kimmie	FR SHS-US	6:31.27
11	Rispin, Jacklyn	SO PME	6:35.02
12	Geake, Gwen	FR PMW	6:38.35

13	Pollaro, Victoria	SHS-US	6:38.49
14	Opromollo, Brianna	SO PMW	6:45.30
15	Mraz, Shana	SO SHS-US	6:45.47
16	Huck, Lea	ESN	6:46.05
17	Klopfenstein, Sara	SO PME	6:51.30
18	Williams, Chelsea	ESN	6:53.13
19	Milewska, Adrianna	SO PMW	7:03.90
20	Pollack, Stephanie	SR ESS	7:04.83
21	Fortier, Lindsay	SO PME	7:10.53
22	Hejnowicz, Amanda	JR PMW	7:11.92
23	Mailloux, Debra	SO PME	7:12.53
24	Parisi, Nicki	SO PMW	7:16.61
25	Rosser, Shannon	ESN	7:17.90
26	Adair, Gen	SR PMW	7:20.20
27	Raffa, Megan	ESN	7:20.72
28	Niewiorawska, Ali	SR PMW	7:21.71
29	Thomas, Kylie	SO PME	7:35.65
30	Gallagher, Nicole	SO PMW	7:46.35
31	Vasquez, Melyssa	ESN	7:48.35
32	Allivato, Brittney	SR PMW	7:51.43
33	Mendez, Vinelys	JR PMW	7:54.40
34	Arguello, Alysa	SO PME	7:59.00
35	Foglio, Julia	JR PMW	8:06.87
36	Hacia, Katarzyna	SO ESS	8:07.63
37	Culp, Megan	JR PME	8:24.23
38	Tirado, Ashley	SR PMW	8:31.38
39	Rosado, Emily	SO PMW	8:36.29
40	Paredes, Shaina	SO PME	9:23.13

#12 Boys 500 Yard Freestyle

Name	Yr	School	Seed Time
1	Cawley, Matt	JR SHS-US	4:57.69
2	Gerner, Ben	SHS-US	5:34.65
3	Pankiewicz, Konrad	SR PME	5:34.83
4	Cruz, Colin	SR PMW	5:37.36
5	Pellington, Connor	ESN	5:37.97
6	Yip, Brandon	ESN	5:40.37
7	Lynch, James	SO SHS-US	5:42.96
8	Bartlett, Sean	JR ESS	5:43.87
9	Pifer, Robert	JR PMW	5:46.39
10	Schaefer, Louis	JR PMW	5:47.75
11	Nixon, Nathaniel	SO PME	5:48.23
12	Wotring, Kevin	JR PME	5:51.43
13	Gallagher, Alexander	SR PMW	5:59.43
14	Rios, Ramon	SO SHS-US	6:09.45
15	Lilley, Duncan	JR PME	6:14.67
16	Marrufo, Diego	ESN	6:15.15
17	Cricklair, Nathan	FR SHS-US	6:21.49
18	Benzinger, Chris	JR ESS	6:22.37
19	Kimball, Riley	SHS-US	6:30.47
20	Rosser, Mike	ESN	6:32.05
21	Helbers, Matt	SO ESS	6:39.93
22	Gonzalez, Bryan	ESN	6:43.60
23	Schaefer, Mike	FR PMW	6:44.58
24	Haberle, Matt	JR ESS	6:46.77
25	Vernon, Josh	SO PMW	6:48.55
26	Racano, Chris	SO PME	6:53.79
27	Moran, Justin	SR PMW	6:54.77
28	Williams, Shalir	SR PMW	6:59.53
29	McKeown, Kyle	FR PME	7:03.27
30	Gerling, Kirk	SO PMW	7:06.65
31	Rivera, Eliezer	SO ESS	7:08.16

32	Johnson, Anthony	JR PMW	7:28.39
33	Matos, Paul	SO PMW	7:28.70
34	Maysonet, Justin	FR PME	7:36.00
35	Bamberger, John	SO PMW	7:46.93
36	Widuto, Nick	JR PMW	8:23.72
37	Avila, Nathan	ESN	NT

#13 Girls 100 Yard Backstroke

Name	Yr	School	Seed Time
1	Joyce, Emily	FR SHS-US	1:07.83
2	Yang, Lena	SR ESS	1:08.19
3	Burns, Alex	FR SHS-US	1:08.71
4	Dwyer, Meghan	FR PME	1:09.22
5	Slater, Alana	FR SHS-US	1:10.49
6	Barney, Elizabeth	JR PMW	1:10.58
7	Mraz, Shana	SO SHS-US	1:13.97
8	Palaski, Abigail	JR PME	1:14.61
9	Teajman, Laleta	JR PMW	1:14.63
10	Opromollo, Brianna	SO PMW	1:14.77
11	Riutort, Liana	JR ESS	1:14.91
12	Liguori, Elissa	FR ESS	1:15.45
13	Huck, Lea	ESN	1:16.08
14	Leinhauser, Claire	JR SHS-US	1:16.83
15	Fortier, Lindsay	SO PME	1:17.00
16	Rispin, Jacklyn	SO PME	1:17.52
17	Gress, Colette	JR ESS	1:18.34
18	Geiger, Macy	SO ESS	1:18.40
19	Geake, Gwen	FR PMW	1:19.26
20	Chamberlain, Emilia	FR SHS-US	1:19.79
21	Harris, Shoshi	ESN	1:21.89
22	Walsh, Jule	SR PME	1:24.15
23	Milewska, Adrianna	SO PMW	1:24.56
24	Butler, Jasmine	ESN	1:24.75
25	Hejnowicz, Amanda	JR PMW	1:26.10
26	Vazquez, Melyssa	ESN	1:28.16
27	Adair, Gen	SR PMW	1:28.47
28	Mailloux, Debra	SO PME	1:30.00
29	Titus, Alyssa	ESN	1:30.08
30	Mendez, Vinelys	JR PMW	1:30.32
31	Rosado, Emily	SO PMW	1:31.14
32	Hacia, Katarzyna	SO ESS	1:32.66
33	Arguello, Alysa	SO PME	1:32.88
34	Miro, Marisa	ESN	1:33.81
35	Rosser, Shannon	ESN	1:34.18
36	Buitron, Grazi	ESN	1:40.71
37	Ortiz, Gia	ESN	1:41.89
38	Marsh, Jackie	ESN	1:42.02
39	Nicolescu, Rachael	SR PME	1:43.00
40	Zhou, Zijing	JR PMW	1:44.94
41	Culp, Megan	JR PME	1:47.04
42	DeSandre, Morgan	SO PMW	1:50.09
43	Perlaza, Stephany	ESN	1:53.15
44	Gallagher, Nicole	SO PMW	1:55.03
45	Paredes, Shaina	SO PME	2:04.00

#14 Boys 100 Yard Backstroke

Name	Yr	School	Seed Time
1	Cawley, Matt	JR SHS-US	54.95
2	Helbers, Josh	SR ESS	59.36
3	Gallagher, Alexander	SR PMW	1:00.53
4	Montante, Ant	ESN	1:04.14
5	Rios, Ramon	SO SHS-US	1:04.51

MVC Best Times - 11/18/2011 to 1/27/2012

Psych Sheet

#14 ... (Boys 100 Yard Backstroke)

6	Sapienza, Nicholas	SR PME	1:04.83
7	Pifer, Robert	JR PMW	1:05.10
8	Frantz, Elias	FR SHS-US	1:05.79
9	Williams, Shalir	SR PMW	1:06.18
10	Bartlett, Sean	JR ESS	1:06.39
11	Velez, Sam	ESN	1:06.41
12	Bank, Peter	SR ESS	1:07.53
13	Nixon, Nathaniel	SO PME	1:08.47
14	Walsh, James	SO PME	1:09.66
15	Wotring, Kevin	JR PME	1:09.90
16	Vernon, Josh	SO PMW	1:10.13
17	Gray, Kyle	SO PME	1:10.48
18	Yip, Brandon	ESN	1:11.22
19	Williams, Josh	SHS-US	1:12.98
20	Lynch, James	SO SHS-US	1:13.70
21	Chalifa, Dan	ESN	1:14.45
22	Hammerburg, Justin	ESN	1:15.10
23	Fair, George	FR PME	1:15.79
24	Paredes, Sebastian	ESN	1:16.40
25	Rios, Jarret	FR SHS-US	1:17.16
26	Montoya, Al	ESN	1:17.52
27	Law, Malcolm	ESN	1:17.86
28	Schaefer, Mike	FR PMW	1:17.98
29	Helbers, Matt	SO ESS	1:19.05
30	Marrufo, Diego	ESN	1:21.01
31	Rivera, Eliezer	SO ESS	1:22.87
32	Villamar, JP	FR SHS-US	1:23.78
33	Pellington, Connor	ESN	1:24.91
34	Heller, Justin	JR PMW	1:26.54
35	Slipe, Eric	ESN	1:27.24
36	Williams, Tristan	ESN	1:30.05
37	Widuto, Nick	JR PMW	1:31.79
38	Isolda, Chris	ESN	1:32.71
39	Hunte, Jonathan	SO PMW	1:32.92
40	Gulmy, Paul	ESN	1:35.52
41	Bamberger, John	SO PMW	1:38.20
42	Buitron, Ryann	ESN	1:40.25
43	Avila, Nathan	ESN	1:57.61
44	Horton, Matt	ESN	1:58.60
45	Gonzalez, Bryan	ESN	2:05.60
46	Goetz, Bobby	ESN	2:11.57

#15 Girls 100 Yard Breaststroke

Name	Yr	School	Seed Time
1	Parrish, Janay	SR PME	1:11.26
2	Yang, Lena	SR ESS	1:12.38
3	Palaski, Margaux	FR PME	1:16.24
4	Burns, Alex	FR SHS-US	1:17.13
5	Konz, Kimmie	FR SHS-US	1:20.05
6	Chamberlain, Emilia	FR SHS-US	1:20.94
7	Nicolescu, Rachael	SR PME	1:21.43
8	Barney, Elizabeth	JR PMW	1:23.31
9	Williams, Chelsea	ESN	1:24.70
10	Opromollo, Brianna	SO PMW	1:25.39
11	Marquez, Mercedes	SO ESS	1:25.84
12	Leinhauser, Claire	JR SHS-US	1:26.05
13	Liguori, Elissa	FR ESS	1:26.26
14	Adair, Gen	SR PMW	1:28.70
15	Geake, Gwen	FR PMW	1:28.88
16	Harris, Shoshi	ESN	1:28.92

17	Martinez, Mariette	SR ESS	1:29.24
18	Pollaro, Victoria	SHS-US	1:30.94
19	Rosser, Shannon	ESN	1:32.18
20	Titus, Alyssa	ESN	1:32.18
21	Allivato, Brittney	SR PMW	1:32.35
22	Madison, Erin	SR PME	1:32.83
23	Barrett, Nicole	SR ESS	1:33.72
24	McGrath, Tori	ESN	1:34.06
25	Niewiorawska, Ali	SR PMW	1:36.04
26	Klopfenstein, Sara	SO PME	1:36.08
27	Lynch, Delia	FR SHS-US	1:36.91
28	Jelly, Alexis	ESN	1:36.97
29	Arguello, Alysa	SO PME	1:39.46
30	Hejnowicz, Amanda	JR PMW	1:40.59
31	Fortier, Lindsay	SO PME	1:41.92
32	Culp, Megan	JR PME	1:41.96
33	Huck, Lea	ESN	1:44.07
34	Brower, Maggie	ESN	1:45.79
35	Zhou, Zijing	JR PMW	1:46.04
36	Butler, Jasmine	ESN	1:47.83
37	Thomas, Kylie	SO PME	1:50.81
38	Rosado, Emily	SO PMW	1:51.17
39	Ortiz, Gia	ESN	1:52.89
40	Parisi, Nicki	SO PMW	1:54.23
41	Brower, Carly	ESN	1:56.00
42	Marsh, Jackie	ESN	1:57.37
43	Herandez, Karen	ESN	2:01.18

#16 Boys 100 Yard Breaststroke

Name	Yr	School	Seed Time
1	Cawley, Matt	JR SHS-US	1:06.88
2	Cruz, Colin	SR PMW	1:08.25
3	Williams, Shalir	SR PMW	1:08.63
4	Thompson, Parker	JR ESS	1:08.77
5	Nicolescu, Chris	SO PME	1:08.82
6	Pellington, Connor	ESN	1:11.75
7	Slipe, Eric	ESN	1:13.40
8	Rosser, Mike	ESN	1:13.86
9	Kaminski, Norbert	JR PME	1:16.06
10	Lynch, James	SO SHS-US	1:16.09
11	Moran, Justin	SR PMW	1:16.12
12	Kimball, Riley	SHS-US	1:17.76
13	Rios, Jarret	FR SHS-US	1:18.09
14	Gray, Kyle	SO PME	1:18.14
15	West, Rodney	JR ESS	1:18.53
16	Schaefer, Louis	JR PMW	1:19.19
17	Paredes, Sebastian	ESN	1:19.58
18	Vernon, Josh	SO PMW	1:20.00
19	Velez, Sam	ESN	1:20.61
20	Perez, Mervin	ESN	1:22.62
21	Johnson, Anthony	JR PMW	1:22.64
22	Hughes, Chris	JR SHS-US	1:23.22
23	Gerling, Kirk	SO PMW	1:23.60
24	Sapienza, Nicholas	SR PME	1:23.85
25	Montante, Ant	ESN	1:24.11
26	Schaefer, Mike	FR PMW	1:24.76
27	Heller, Justin	JR PMW	1:25.77
28	Cricklair, Nathan	FR SHS-US	1:25.87
29	Racano, Chris	SO PME	1:27.71
30	Benzinger, Chris	JR ESS	1:27.75
31	Fair, George	FR PME	1:27.77
32	Matos, Paul	SO PMW	1:31.88

33	Mirabel, Devon	ESN	1:32.36
34	Montoya, Al	ESN	1:35.17
35	Williams, Tristan	ESN	1:35.34
36	Bamberger, John	SO PMW	1:35.43
37	Smith, Mason	ESN	1:36.29
38	Marrufo, Diego	ESN	1:41.99
39	Hunte, Jonathan	SO PMW	1:47.45
40	Avila, Nathan	ESN	2:01.18
41	House, Russell	FR PME	2:21.20
42	Horton, Matt	ESN	2:23.16
43	Goetz, Bobby	ESN	2:23.16
44	Law, Malcolm	ESN	2:31.32